



Grands 'n' More Winnipeg

In support of the Stephen Lewis Foundation
Awareness ✦ Fundraising ✦ Solidarity

NEWSLETTER

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Links to Grands 'n' More Winnipeg:

- [Webpage](#)
- [Facebook](#)
- [Twitter](#)

Events:

Member Meeting
Thurs. Dec. 5 7 pm
Riverview Community Centre
90 Ashland Ave.



News from the Co-Chairs

Changes! It has been my pleasure to work with Barb Linklater as co-chair this past year and to 'learn the ropes' with her. While she has stepped away from the co-chair position, she has already enthusiastically volunteered to help plan this year's fundraisers. Stepping into the co-chair role we welcome Fran Gropp! Cathie Hiller, who has served as our Grandmothers Regional Liaison (GRL) to the Stephen Lewis Foundation Grandmothers to Grandmothers Campaign for the past three years, found an excellent replacement in Sharon Twilley. And, Geri Lowe has had to take time away from serving as Secretary. We offer our collective appreciation to Barb, Cathie and Geri for their time, service and mentorship, as well as to Fran and Sharon for stepping into very big shoes.

December 1st is World AIDS Day. Our Awareness Team has arranged to have a speaker from Nine Circles Community Health Centre come to our December Member Meeting (Dec. 5) to share information on their role locally in providing care, support, education and preventive services in regards to HIV, Hepatitis C and other sexually transmitted diseases. The evening will start at 7:00 with the Laurel Garvie Origami Owl Fundraiser where 100% of commissions will be donated to the SLF. Don't forget to pick up your shortbread orders during the break.

Look for more information on our three fundraisers planned for the new year: a Comedy Night, a Boston Pizza night and AFTA 2020, AND, remember, it's not too early to sign up!

Submitted by Donnie Fridfinnson

Member Meeting October 3rd



Donnie Fridfinnson and Fran Gropp
Co-chairs



Pre-Christmas sale
Carol Hibbert & Nina Logan



Warm Up to Winnipeg Table
Meredith Macleod &
Jean Altemeyer

AWARENESS

Member Meeting Thursday Dec. 5th

Guest Speaker Shauna Fay
Health Educator
Nine Circles Community Health Centre
(204)940-6090
www.ninecircles.ca

Shauna will be speaking about the local situation of people affected by HIV.

She says, "I look forward to presenting a little about the realities of HIV in Manitoba for the Grands 'n' More Winnipeg group on December 5!"

She also says that she has come to each AFTA sale.

At Nine Circles, we believe that everyone has the right to be treated with respect, be safe, and have their health information be kept private. We strive to treat each client as an individual with respect to culture, customs, language and spiritual beliefs.

Our team provides supportive and non-judgmental care and treatment, encouraging clients to be active in their own care by being informed and asking questions. We encourage our clients to tell us their concerns and share their ideas about programs or services.

Nine Circles Team: Family Physicians, Primary Care Nurses, HIV Pharmacist, HIV Dietitian, Mental Health Therapists, Occupational Therapist, Social Worker

FUND RAISING FUN

Thanks to the co-ordinators Pat, Heather and Carol for organizing the very successful recent sales. The Grant Park sale made \$540.00 and the next day, the Just Christmas Sale made \$574.00. At our last membership Meeting, we sold \$534.00 worth of merchandise. Warm Up to Winnipeg also made money at the sales. Thanks so much to our dedicated volunteers who worked at these sales to make them so successful!

There is more to come. Plan to attend and bring your friends to our 'Origami Owl', Laurel Garvie Memorial Fundraiser at our next Member Meeting at Riverview Community Centre on Thursday, December 5 at 7:00 pm. When our dear friend and



sewing master, Laurel, was in the hospital she met Angela. The two hit it off immediately and talked about their various activities. Angela, who is a salesperson for the jewellery company called 'Origami Owl' told Laurel about how the company likes to give back to various causes. Angela generously offered to host several party sales and give the commission to Grands 'n' More Winnipeg. Sadly, Laurel is no longer with us, but in her name and spirit, we are continuing to honour her with a number of sales. I held a home party for 13 of my friends and the commission reached \$434.00 which is donated to Grands 'n' More Winnipeg. Angela will be at our meeting on Dec. 5 with a wonderful display of the jewellery which can be ordered and delivered in time for Christmas. Please plan to attend this sale. Bring your friends and your shopping list! The sale

will happen at 7:00 pm and, after the refreshment break, there will be a presentation by Nine Circles.



Can't make that sale? Well, come to the St. Andrew's Christmas Craft and Vendor Sale on Saturday, December 7 at St. Andrew's Hall, 2700 Portage Ave. at Woodhaven, across from the Courts of St. James. The sale is 10:00 am to 3:00 pm. Not only will Angela be there selling the 'Origami Owl' jewellery, but all the commission will once again be donated to Grands 'n' More Winnipeg. There will be a variety of other vendors and crafters including baking, sewing, etc. and a wine raffle. Hot dogs and drinks will be for sale. Admission is \$2.00 with children free.

We always welcome members to have home 'bag' parties to sell our Grands 'n' More Winnipeg merchandise. If interested contact either Pat van Herksen at jvanherksen@shaw.ca or Nina Logan at ninalogan@shaw.ca. I do believe our original 'Tote Tart' will be very pleased with all we are doing.

Submitted by Nina Logan and Pat van Herksen

Shortbread Angels

Once again our wonderful Shortbread Angels, Vera and her husband, have volunteered to bake their delicious shortbread cookies for our members. There was an order sheet passed around at our last meeting. They now have 40 dozen shortbread to make and package!! There are usually a few extra cookie trays, so if you didn't get a chance to sign up for shortbread, you may be lucky to buy some at our December meeting. The cost is \$8.00 a dozen and the money is all donated back to Grands 'n' More Winnipeg. Those of you who ordered at the November meeting can pick up your cookies at the Dec. 5 Member Meeting. It would be most helpful if you brought exact change for your cookies.

Submitted by Nina Logan



Calling All Comedians!

At the last Grands 'n' More Winnipeg Member Meeting, we decided to go ahead with planning a Comedy Night instead of having Scrabble next year.



A committee was established, and our first planning meeting will be at Nina's home - 950 Buchanan Blvd. (204-832-5569) on Monday, November 25 at 10:00 am. We expect the date of the show to be late April or early May.

We have secured the wonderful comedian Lara Rae to be our headliner, but we need a few more comedians or other entertainment to round out the performance. If you have any contacts or suggestions, we would love to hear them. All entertainers must be willing to donate their time to our event.

Our Committee also needs volunteers for the event day, as well as people willing to help with Refreshments, 50/50 Draw, Rainbow Auction, Ticket Production and Sales, Poster Creation, Publicity - social media, press etc.

Please respond to Nina ninalogan@shaw.ca if you will be able to attend the meeting, want to volunteer for some sub-committee of the event, know someone who can perform or if you will be willing to volunteer on the night of our Star Studded event. The event date and venue will be announced at our December Member Meeting.

Thank you,
Submitted by Nina Logan on behalf of the Committee

AFTA 2020

Although not all the details are settled, we continue to anticipate holding AFTA 2020 in the Centre Court at St. Vital Mall on Sunday, September 13, 2020.

This change of venue means some aspects of the event planning, promotion, set up and payment areas may need to be modified, but key tasks such as pricing and sale day volunteers will remain the same.

It's not too early to offer your services – either for leadership of one of the task groups, or ideas for innovations (new space = new opportunities), or put me down to volunteer for _____.

As well, with the end of three generous years of sponsorship by Qualico, we are seeking new support to cover our costs. If we do that, it means EVERY DOLLAR spent on Sale Day goes to the African grandmothers.

We already have Deb Radi overseeing the raffle, which helps cover our costs. (**CONTACT her (dradi@mymts.net) to help with that task**).

Over the next while, please, think of any business, corporate, or personal contacts you have which might like to be linked to this AMAZING event.



Submitted by
Donnie Fridfinnson (dfridfinnson@gmail.com) and
Jean Altemeyer (jeanaltemeyer@shaw.ca).



Grandmothers Regional Liaison: News and Networking



Cathie Hiller and Sharon Twilley

All of us owe Cathie Hiller deep gratitude for the skills, commitment and wonderful cheer she has brought to the role of GRL for the past three years. She has served for a year longer than the expected term, but she finally succeeded in finding a replacement- me- to accept that role as of the end of October.

I have been a member of Grands 'n' More Winnipeg since September 2016 and am perhaps best known to members as a co-coordinator of AFTA in 2017 and 2018. I moved to Winnipeg four years ago from southern Ontario where I spent my adult life to that point, but I was born in Swan River and I am a graduate of Brandon University - I do have some Manitoba cred! I was connected to Grands 'n' More Winnipeg through two sisters, who have sewed for the bag project for several years. Having been aware of Stephen Lewis' remarkable work for many years, including his career as a prominent Ontario politician and onwards from there, it felt good to find a way to contribute to the success of the Foundation and to meet so many wonderful women and men in the process.

Cathie and I met over lunch with the co-chairs of the four active Manitoba groups on October 23, and heard about their recent and upcoming activities

and their views on concerns for all our groups. I participated in the November 4 monthly video conference with Campaign staff and other GRLs and came away deeply impressed with the scope of fundraising ideas and the focus and energy of our sister groups across Canada.

I hope that during the time I serve in this role I can effectively represent the Manitoba groups, and communicate news from SLF and related sources in turn. Stories are so important to the strength and vitality of our connections within and among grandmothers' groups and to our collaboration. I will look to share as many as possible.

Submitted by Sharon Twilley twilleys@gmail.com



Holiday TRIBUTES



This holiday season, send e-cards or printed cards to honour your friends, family and colleagues and support the grassroots organizations working so hard to turn the tide of AIDS in Africa.

To request that cards be sent to your address for you to mail yourself, please contact us at 1-888-203-9990, ext 0.

Printed cards will be sent within two business days using standard Canada Post service, the SLF cannot guarantee arrival times.

*** Suggested minimum donation of \$10 per card.**